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| For Academic Affairs and Research Use Only |
| Proposal Number | EBS23 |
| CIP Code:  |  |
| Degree Code: |  |

**New Emphasis, Concentration, Option, or Minor Proposal Form**

**[X ] Undergraduate Curriculum Council**

**[ ] Graduate Council**

Signed paper copies of proposals submitted for consideration are no longer required. Please type approver name and enter date of approval.

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| John D. Hall, Ph.D. | 9/27/2022 |

**Department Curriculum Committee Chair** |

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**COPE Chair (if applicable)** |
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| Asher Pimpleton-Gray  | 9/29/2022 |

**Department Chair** |

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**Head of Unit (if applicable)**   |
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| Joanna M Grymes | 10/11/2022 |

**College Curriculum Committee Chair** |

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**Undergraduate Curriculum Council Chair** |
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| Mary Jane Bradley | 10/17/2022 |

**College Dean** |

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**Graduate Curriculum Committee Chair** |
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**General Education Committee Chair (if applicable)**   |

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| Alan Utter | 11/15/2022 |

**Vice Chancellor for Academic Affairs** |

1. **Contact Person (Name, Email Address, Phone Number)**

**Blake Sandusky**

**wsandusky@astate.edu**

**870-972-3064**

1. **Proposed Starting Date**

**Fall 2023**

Enter text...

1. **Title of degree program:**

1. **Proposed name of new option/concentration/emphasis/minor:**

Minor in Helping Professions

1. **Reason for proposed action that includes rationale, goals, and student population served:**

Currently these classes are all offered as electives. The elective classes allow clinical mental health counseling faculty to build relationships with undergraduate students, which we would normally would not be able to do. This helps with building recruitment and further understanding of a career in counseling, especially for those students who choose to further their education with a graduate degree in clinical mental health counseling. The classes are taken by mostly undergrad psychology majors; however, they are also taken by undergrad students outside of the COEBS. Creating a minor with these currently elective classes will allow for students to gain a minor, which will appear on their transcripts.

1. **Provide the following:**
	1. Curriculum outline - List of courses in new option/concentration/emphasis/minor – Underline required courses

**COUN 3023. Foundations of Counseling; COUN 3033. Multicultural Issues in the Helping Professions; COUN 3123. Group Process in Helping Relationships; COUN 3203. Interpersonal Communication Skills for the Helping Professions; COUN 3283. Introduction to Substance Use Disorders;** C**OUN 4183. Grief, Loss, and Self-Care for Helping Professionals**

* 1. Total semester credit hours required for option/emphasis/concentration/minor

18

* 1. Student demand (projected enrollment) for program option

Current trends with these classes are 100% enrollment with maximum students. COUN 3123/3203 classes are capped at 15 students due to the clinical nature and supervision components within each course. COUN 3023/3033/3283/4183 are capped at 20-25. We have been able to add some additional sections; however, this is only with faculty availability.

1. **Will the new option/emphasis/concentration/minor be offered:**
	1. **Traditional/Face-to-face** Yes / No
	2. **Distance/Online** Yes / No
		1. **If yes, indicate mode of distance delivery, and the percentage of courses offered via this modality (<50%, 50-99%, or 100%).**

Enter text...

* + 1. **If online, will it be offered through Global Initiatives/Academic Partnerships (AP)?**

Enter text...

1. **Specify the amount of the additional costs required, the source of funds, and how funds will be used.**

There will be no additional costs as these classes are currently offered as electives.

**Bulletin Changes**

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| **Instructions**  |
| **Please visit** [**http://www.astate.edu/a/registrar/students/bulletins/index.dot**](http://www.astate.edu/a/registrar/students/bulletins/index.dot) **and select the most recent version of the bulletin. Copy and paste all bulletin pages this proposal affects below. Please include a before (with changed areas highlighted) and after of all affected sections.** **\*Please note: Courses are often listed in multiple sections of the bulletin. To ensure that all affected sections have been located, please search the bulletin (ctrl+F) for the appropriate courses before submission of this form.**  |

***(Page 71-73)***

**MINORS OFFERED**

Arkansas State University offers over 60 minors with requirements varying from 18-24 semester hours. Specific requirements for each minor are stated in the respective college sections of this bulletin. The minors offered are listed below in alphabetical order. Refer to the index for the appropriate page references of each minor offered.

Accounting African-American Studies Agricultural Business Agricultural Mechanics Animal Science
Art
Art History
Biology
Chemistry
Children’s Advocacy Studies Cognitive Science

Communication Studies Computer Science Criminology

Economics

Electrical Engineering

Engineering
English
Entrepreneurship
Finance
Financial Wealth Management Folklore Studies

French

General Business

German

Graphic Design

Helping Professions

History

History and Philosophy of Science and Technology

Homeland Security and Disaster Preparedness Horticulture
Information Systems and Business Analytics Interdisciplinary Family Studies

International Business International Studies
Land Surveying and Geomatics Leadership Studies
Logistics
Management
Marine Science
Marketing
Mathematics
Medieval Studies
Military Science and Leadership Multimedia Journalism
Music
Philosoph

***(Page 177)***

**Department of Psychology and Counseling Minors**

**Minor in Psychology**



**Minor in Helping Professions**

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| **Required Courses** | **Sem. Hrs.** |
| **COUN 3023. Foundations of Counseling** | **3** |
| **COUN 3033. Multicultural Issues in the Helping Professions** | **3** |
| **COUN 3123. Group Process in Helping Relationships** | **3** |
| **COUN 3203. Interpersonal Communication Skills for the Helping Professions** | **3** |
| **COUN 3283. Introduction to Substance Use Disorders** | **3** |
| C**OUN 4183. Grief, Loss, and Self-Care for Helping Professionals** | **3** |
| **Total Required Hours:** | **18** |